

Health Matters Newsletter November 27, 2015

## **Today's Health Matters Includes:**

- Meeting Schedule
- Community Meetings and Events
- Circle of Hope Fundraiser- attached
- Hospice Tree Lighting- attached
- Canadian Institute for Health Video link- Income related health inequalities



## **Our Cowichan- Network Member Meetings-**

- ✓ Next Membership Meeting- Monday November 30 1pm to 3 pm 6080 York Road (Cindy's Office)
- ✓ Next Admin Committee Meeting- December 3, 4:30 pm to 6:30 pm- CVRD Committee Room 2
- Next Our Cowichan Network Meeting December 10, 2015, CVRD Board Room. Light dinner at 5:30 pm Meeting starts at 6:00 pm.
- ✓ FETCH Vetting Committee- conference call- Monday December 14- 9:30 am to 10:30 am- Call in numbers provided via email

## **Community Events**

• Next Sobering and Detox Task Force Meeting – December 17 -9:00 am to 11:00 am Canadian Mental Health Board Room 3088 Gibbins Road

The Canadian Institute for Health Information has released a report and video about income-related health inequalities.

Watch the video here:

https://www.youtube.com/watch?v=mIOFmKK5ihg

Do you have a resource, event or information you would like to share? Send it to cindylisecchn@shaw.ca and it will be included in the weekly Health Matters Newsletter