



Health Matters Newsletter

June 5, 2015

Today's Health Matters Includes:

- Meeting Schedules
- Community Meetings and Events
- Ministry of Health Primary and Community Care in BC and Rural Health Services Policy Frameworks
- Prepare for a career in early childhood education or child and youth care
- Funding Opportunity- for Community Events!
- Kin Farm Family Drop in Programs- check it out
- Leverage social marketing to influence people's knowledge, attitudes and behaviours.
- Get a FREE copy of Canada's Social Determinants of Health

The entire tree is perfectly dotted with woodpecker holes from the top to the bottom... I can't imagine how many years it took and how this little "pecker" knew to keep moving.



Our Cowichan- Network Member Meetings-

- ✓ **Next Our Cowichan Network Meeting June 11, 2015**, CVRD Board Room. Light dinner at 5:30 pm Meeting starts at 6:00 pm
- ✓ **Next Admin Committee Meeting-** June 17, 5:30 pm CVRD Committee Room 2

Workshops and Events

The Cowichan Community Response Network is hosting a FREE seminar on Elder Abuse

Monday, June 15, 11am-12:30pm

Ts'i 't s'uwat ul 'Le lum Assisted Living,

5755 Allenby Road, Duncan

This event is open to everyone

Please click on the link for more details to our World Elder Abuse Awareness Day

[WEAAD June 15, 2015 Event](#)

Ministry of Health Primary and Community Care and Rural Health Care Policy Frameworks-

If you want to know the direction of the Ministry here is a great starting point

- [Primary and Community Care in BC: A Strategic Policy Framework](#)
- [Rural Health Services in BC: A Policy Framework to Provide a System of Quality Care](#)

Prepare for a Career in Early Childhood Education or Child and Youth Care

Get started this September by registering in one or all of the following courses being offered at the Cowichan campus:

ECEC 110 Child Development I (This course qualifies you to be an Early Childhood Education Assistant) Offered Fall 2015, Tuesdays, 4:30 - 7:30 p.m.

CYC 100 Introduction to Professional Child and Youth Care Practice

CYC 152 Interpersonal Communication Skills in a Therapeutic Context

CYC 112 Adolescent Development

ENG 115 University Writing and Research

ENG 125 Literature and Culture

All courses meet requirements to continue in VIU Human Service programs. For more information, call **250-746-3509** and visit our website at www.viu.ca/calendar/humanservices



www.cc.viu.ca

Love where you learn

FUNDING OPPORTUNITY:

The Ministry of Community, Sport and Cultural Development has allocated \$250,000 towards a one-time funding opportunity to encourage community events that strengthen volunteer capacity for event hosting throughout the province.

Eligible non-profit organizations are invited to apply for up to \$5,000. Grants will be awarded on a first-come, first served basis and distributed throughout B.C.'s six tourism regions.

This initiative will provide a stimulus for new events and will assist existing events that are currently ineligible for other provincial government funding.

http://www.cscd.gov.bc.ca/arts_culture/eventhostbc.htm

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly
Health Matters Newsletter





KINFARM FAMILY DROP-IN CENTRE
FAMILY * FREE * FOOD * FARMING * FUN

JUNE 2015 SCHEDULE

Mondays - Homeschoolers Drop In 2:00 - 4:30 pm
& Family Cooking Class 5:30 - 7:30 pm*
featuring Ratatouille, Plum Tart, Kale Chips and Sushi!

Tuesdays - Gardening with Grandparents 9:00 - 12:00 pm
& Family Cooking Class 3:00 - 4:45 pm*

Workshop Wednesdays - 3:00 - 4:30 pm @ KinPark

3	10	17	24
Ask a Gardening Guru	Interpretive Dance Workshop	Make a Father's Day Card Workshop	KinPark Scavenger Hunt

Thursdays - KinFarm Community Work Party
1:00 - 4:30 pm All green thumbs welcome!

June 21 -
ridedon'thide
Join the CMHA event!

KINPARK KID'S CAMP
It's back, it's bigger, it's better!
Now accepting registration
July 6th - August 28th
Ages 6+ - 9am-5pm
Join us for fun-filled
green summer!
camp@cowichangreencommunity.org

*Join the "Cowichan Family Cooking!" Group on Facebook to get into the Cooking classes or email christine@cowichangreencommunity.org to be added to the weekly email invite list.

Located at KinPark Family Drop In
off of Alderlea St. (Kinsmen Park)
or The Station, 360 Duncan St.

CAI Community Action Initiative
Collaboration to address mental health and substance use

Cowichan Green Community
250-748-8506

Leverage social marketing to influence people's knowledge, attitudes and behaviours. This [blogpost](#) offers beginner, intermediate and advanced tips on how to best utilize social media platforms in promoting your message.

Get a free copy of Social Determinants of Health: The Canadian Facts at <http://thecanadianfacts.org>